

香港航空青年團

HONG KONG AIR CADET CORPS

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From:	OC E&M Flt, SD Wg	To:	All OC Major Units
Ref:	(03)/EWS/2019	Cc:	DCO SD&S, OC SD&S Gp, OC SD Wg
Pages:	3	Date:	6 September 2019

Expedition & Mountaineering Workshop Series: **Backwoods Cooking Workshop (原野烹飪工作坊)**

Cooking is definitely an art! There is nothing to beat the magic of cooking something in the embers of a fire! To foster the enhancements of backwoods cooking skills of our fellow members, Expedition and Mountaineering Flight has organized the captioned workshop this year with details as below, all members are welcome!

Let's share the fun and enjoyment with us during the workshop! Happy cooking!

Workshop (工作坊)

Date:	5th - 6th October, 2019 (Sat - Sun)
Time:	10:00 5 th October - 14:00 6 th October
Location:	Music Farm, Shui Tau Tsuen, Kam Tin (錦田音樂農莊)
Transportation:	Self-transport *Please refer to <i>Appendix I</i>
Meals:	Will be prepared by participants under the guidance of instructors
Activity fee:	\$80 for each person (To cover food items used for cooking and venue booking fee) *Activity fee will be collected during roll call time
Dress code:	Corps Polo Shirt/ Squadron Tee, Long pants & Sports shoes
Target participants:	All members are welcome
Quota:	25 Max (first come first served basis)
Instructor:	SEI - CI Tommy AU-YEUNG & EIs
Equipment list:	Please refer to <i>Appendix II</i>
Notes:	1) Participants are responsible for their own transportation cost 2) Food cooked will be shared amongst participants

Interested members please return the attached reply slip (*Appendix III*) in **MS Word format** by email to acc.exped@gmail.com by 2359 hrs **2nd October 2019 (Wednesday)** for application.



Fg Off Philip C Y WONG
Officer Commanding Expedition and Mountaineering Flight

Appendix I - Transportation

By Minibus: Route no.601

1. Travel from Kam Sheung Road Station to Kam Tin Country Club (錦田鄉村俱樂部)
2. Five-minute walk from the drop-off point and you will arrive the music farm



Appendix II - Equipment List

1. At least 2L Drinking Water
2. Mess Tin
3. Spoon & Fork
4. Pocket Knife
5. Work Gloves
6. Note Book & Pen
7. Torch / Headlamp
8. Personal First Aid Kit
9. Personal Cleaning Kit
10. Spare Clothing
11. Tent

Optional (Item 12-16)

12. Sleeping Bag
13. Camp Mat
14. Insect Repellent
15. Sun Block
16. Slippers / Sandals