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| |  |  |  |  | | --- | --- | --- | --- | | **HONG KONG AIR CADET CORPS**  香港航空青年團 | | | | | **TRAINING GROUP** 訓練部 | | | | | **SKILLS DEVELOPMENT WING** 技能發展科 | | | | | 香港九龍宋皇臺道 Sung Wong Toi Road, Kowloon, Hong Kong  電話Tel: (852) 2712 8900 傳真Fax: (852) 2715 6944 | | | | |  | | | | | From: | Phy Asmt Flt, SD Wing | To: | All OC Sqn | | Ref: | PT\_Memo1715\_ LV1DGBI | Page: | 2 | | E-mail: | [phyasmt@gmail.com](mailto:phyasmt@gmail.com) | Date: | 12 May 2017 | |

**Dodgebee Instructor Training Course – Level I**

The sport of Dodgebee is an easy and fun game. Players use strategy, speed, and disc catching and throwing skills. There are also many variations of Dodgebee that involve problem solving strategies, teamwork and active participation through the routine squadron meetings. The sport has been popular in Japan and some foreign countries for some time, has now been imported into Hong Kong. As not many people know how to play, so there is a certain demand for the coaches. Upon successful completion of the course, members will be appointed as 1st Level Instructor which qualified by Hong Kong Dodgebee Association. For more information, you can visit the official website (<http://hkdodgebee.org/>)

Physical Assessment Flight will be organized Dodgebee 1st Level Instructor Course. The Details are as below:

Date: 10 June 2017

Time: 1100 – 1800 (Total 6 hours included exam)

Venue: 1/F, Indoor Basketball Court, 2 Holy Cross Path, Sai Wan Ho

Target Candidates: Age 18 or above (Priority for PAI)

Course Instructors: Instructors from Hong Kong Dodgebee Association

Class Size: Max 40

Course Fee: $480 (Include $80 for certificate, Optional)

Deadline of Application: 26 May 2017 2100hrs

Remarks:

1. 100% Attendance are required

For the members who are interested, please fill in the Unit Application Form (Appendix I) and e-mail to [hkacc.dodgebee@gmail.com](mailto:hkacc.dodgebee@gmail.com) and [phyasmt@gmail.com](file:///C:\Users\pm.law\Desktop\phyasmt@gmail.com). For Physical Actively Readiness Questionnaire (PAR-Q Form) (Appendix II), please submit the true copy on Training Day. Any enquiries, please do not hesitate to contact CPAI, Ag WO LI Gary at 9096-2592 or SPAI, Sgt Instr CHAN Hiu-yu at 9405-4806.

*Remarks: Please use the stand of the mail title as the following:*

[PT\_LV1DGBI]\_Application\_XXXUnit\_XXX(Name)

Attachments:

1. Unit Application Form
2. Physical Actively Readiness Questionnaire(PAR-Q Form)

Plt Off Ivan H W CHEUNG

OC Phy Asmt Flt