

香港航空青年團  
**HONG KONG AIR CADET CORPS**

Sung Wong Toi Road, Kowloon, Hong Kong  
Tel 852 2712 8900 Fax 852 2715 6944

From: Phy Asmt Flt, SD Wg	To: All OC Major Units
Email: <a href="mailto:phyasmt@gmail.com">phyasmt@gmail.com</a>	cc: DCO SD&S, OC SD&S Gp, OC SD Wg
Ref: PT_Memo2323_No29PAITC	Date: 2 January 2024

**No.29 Physical Assessment Instructor Training Course**

The No.29 Physical Assessment Instructor Training Course (PAITC) will be held between January and February 2024. The Details of the PAITC are as follows:-

Date:	Theory: 20, 24*, 27, 31* January and 3 February 2024
	Practical: 28 January and 4 February 2024
	Exam: 7* February 2024
Time:	Theory: 1900 – 2200 hours *1930 – 2230 hours
	Practical: 1400 – 2200 hours
Venue:	Immigration Department Training and Youth Development Centre (Address: 96 King Fuk Street, San Po Kong, Kowloon)
Target Candidates:	NCO (except Lance Corporal) or above
Course Instructors:	CPAI CHAN Hiu-yu, and other SPAI/PAI and Flt staffs
Class Size:	Max 15
Course Fee:	\$50
Deadline of Application:	<b>16 January 2024 2359 hours</b>

Remarks:

- 1) Candidate(s) must complete the Physical Test before the end of the course;
- 2) For details of the Physical Test, please refer to the requirements of the HKACC Physical Achievement Test;
- 3) Candidates who fail the Physical Test will RTU;
- 4) Experience in organising sports event(s) is preferable;
- 5) 100% Attendant are required;
- 6) Candidate(s) who successfully passed the Course Exams are required to perform Practical Part & organise a physical training and sports related project to achieve the requirements of registration of Physical Assessment Instructor; and
- 7) Please use the standard email title as the following:  
[PAITC]\_Application\_XXXUnit\_XXX(Name).

For interested member(s), please submit (i) a completed Application form (Appendix I) and (ii) PAR-Q form (Appendix II) by **16 January 2024 2359 hours** via e-mail ([phyasmt@gmail.com](mailto:phyasmt@gmail.com)) and copy to ([chanhiuyu7052@yahoo.com.hk](mailto:chanhiuyu7052@yahoo.com.hk).)

Should you have any queries, please feel free to contact us at [phyasmt@gmail.com](mailto:phyasmt@gmail.com) or CPAI, WO CHAN Hiu-yu at 9405 4806.

Fg Off (sp) Ken K L WONG  
OC Phy Asmt Flt  
SD Wg, SD&S Gp