

**香港航空青年團**  
**HONG KONG AIR CADET CORPS**  
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From: Phy Asmt Flt, SD Wg	To: All OC Major Units
Email: <a href="mailto:phyasmt@gmail.com">phyasmt@gmail.com</a>	cc: DCO SD&S, OC SD&S Gp, OC SD Wg
Ref: PT_Memo2519_CPA_20250915	Date: 15 Sep 2025

**Centralised Physical Assessment (Level 1, 2, 3 & 4)**

The Centralised Physical Achievement Test will be held on 11 Oct 2025. The details of the CPA are as follows:

Date:	11 Oct 2025 (Saturday)
Time:	1300-1500 hrs
Venue:	HKMA David Li Kwok Po College (8 Hoi Wang Road, Mong Kok, Kowloon)
Dress Code	Corps polo shirt / Sqn tee / Corps tee with long trousers (Bring PTU)
Target:	Candidate required to pass the Physical Achievement Test for Levels 1, 2, 3, & 4
Course Assessors:	Examiner, CAPI, SPAI & PAI
Quota:	Max 20 (Priority for Level 3, 4, other levels will first come first serve)
Deadline of Application:	4 Oct 2025

For those who are interested in the CPA. Please complete the Unit Application Form (Appendix I) and submit it via email to [phyasmt@gmail.com](mailto:phyasmt@gmail.com) and complete the Physical Activity Readiness Questionnaire (PAR-Q) **with below QR-code**.

Remarks:

1. For candidates taking a higher level physical achievement test, who must have passed the previous level(s);
2. For details of the physical achievement test, please refer to the requirements of the HKACC Physical Achievement Test; and

3. Please use the standard email title as the following: [CPA]\_Application\_XXX

PAR-Q QR Code:



Fg Off (sp) Ken K L WONG  
OC Phy Asmt Flt  
SD Wg, SD&S Gp