

香港航空青年團

HONG KONG AIR CADET CORPS

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From: Phy Asmt Flt, SD Wg	To: All OC Major Units
Email: phyasmt@gmail.com	cc: DCO SD&S, OC SD&S Gp, OC SD Wg
Ref: PT_Memo2609_CPA_20260401	Date: 01 Apr 2026

Centralised Physical Assessment (Level 1, 2, 3 & 4)

The Centralised Physical Achievement Test will be held on 2 May 2026. The details of the CPA are as follows:

Date:	2 May 2026 (Saturday)
Time:	1400-1700 hrs
Venue:	HKMA David Li Kwok Po College (8 Hoi Wang Road, Mong Kok (West), Kowloon)
Dress Code	Corps polo shirt / Sqn tee / Corps tee with long trousers (Bring PTU)
Target:	Candidate required to pass the Physical Achievement Test for Levels 1, 2, 3, & 4
Course Assessors:	Examiner, CAPI, SPAI & PAI
Quota:	Max 30 (Priority for Level 3, 4, other levels will first come first serve)
Deadline of application:	25 Apr, 2026

For those who are interested in the CPA. Please complete the Unit Application Form (Appendix I) and PAR-Q (Appendix II) via email to phyasmt@gmail.com.

Remarks:

1. For candidates taking a higher level PT exam, who must have passed the previous level(s);
2. For details of the PT exam, please refer to the requirements of the HKACC Physical Achievement Test; and
3. Please use the standard email title as the following: [CPA]_Application_XXX

Should you have any enquiries, please contact us at phyasmt@gmail.com.

Appendix:

1. Application Form (Appendix I)
2. PAR-Q Form (Appendix II)

Fg Off (sp) Ken K L WONG
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SD Wg, SD&S Gp